

## COMPETITION FINAL SCHEDULE

### XIX Spanish National Winter Athletics Open Competition 18<sup>th</sup> – 19<sup>th</sup> December 2010 Málaga (Spain)

#### 1<sup>ST</sup> SESSION: Saturday 18<sup>th</sup> December 2010

<u>TIME</u>	<u>EVENT</u>	<u>CLASSES</u>
17.00h	Warm-up	
17.30h	100m Women	T11, T12 T13 & T36
	Triple Jump Men	F11, F12 & T46
	Discus Throwing Women	F11, F12
17.40h	100m Men	T11, T12 T13 & T38
	High Jump Women	F12
17.50h	800m Women	T11, T12
18.00h	800m Men	T11, T12, T13 & T46
	Discus Throwing Men	F11, F12
18.10h	800m Men	T51, T52, T53, T54
18.20h	5000m Men	T11, T12 & T46
18.45h	5000m Men	T51, T52, T53, T54
19.15h	Prize Giving Ceremony	

#### 2<sup>nd</sup> SESSION: Sunday 19<sup>th</sup> December 2010

<u>TIME</u>	<u>EVENT</u>	<u>CLASSES</u>
08.00h	Warm-up	
09.30h	10000m Men	T11, T12
	High Jump Men	F12, F13
	Javelin Throwing Women	T11, T12, T13
10.00h	5000m Women	T12
	Long Jump Women	F11, F12, F13
	Javelin Throwing Men	F11, F12, F13
10.25h	1500m Women	T11, T12, T13
	Shot Put Men	F11, F12, F13
10.35h	1500m Men	T11, T12, T13 & T36, T46
10.45h	400m Women	T11, T12, T13
	Long Jump Men	F11, F12, F13 & F46
10.55h	400m Men	T11, T12, T13
	Shot Put Women	F11, F12
11.10h	200m Women	T11, T12, T13 & T36
	200m Men	T11, T12, T13 & T38
11.20h	1500m Men	T51, T52, T53, T54
12.00h	Prize Giving Ceremony	